

Stagg Drill

1. Ball starts with player 1. Kicked to #2.
2. This kick needs to go near the line and can be past Ump A.
3. If ball goes out of bounds, potential opportunity for handover throw.
4. Can be a tennis ball as well to add speed and complexity.
5. If OOB use football to throw in.
6. A & B need to try to keep ball between, maintain SWD, adjust width and communicate for throw in if required.

