

## **Goal Umpire Drills - SKILLS**

**Angled Shots Across The Face** 

**Ball Tapped Back Into Play** 

**Boundary Umpire Communication** 

Bread & Butters - On The Run

**Bread & Butters - Static** 

**Communication & Control** 

Close Focus - Tennis Balls

**Defender Kick Across The Face** 

**Defender Traffic** 

**Dribble and Tight Angle Kicks** 

**Forward Chasing Back** 

**Joint Goal & Boundary Drills** 

**High Ball Post Positioning** 

**Lone Defender Chasing Back** 

**Low Ball Post Positioning** 

**Low Ball Wide Angles** 

**Online Defenders Chasing Back** 

**Protect Goals Or Assist** 

Rapid Fire

Reverse Stevie | Set Shots

Sideshow Alley

Stav Or Go Drill

Stevie | Set Shots

**Timing To The Line** 

