

## Muir Drill

Similar to the shadow drill in concept. Umps head off in single file. Lead umpire has a footy and is throwing and playing the ball along the line. The boundary umpire trailing stays that 10-15m behind and looks for instances where the ball crosses the line. Make the appropriate decision.

Throw in can be added as part of the drill.

The drill trains the hard focus on the football near the line and allows for slight adjustments of width and SWD to allow the ump to maintain good vision.

